

**THE CONCUSSION**

Initial assessment by qualified medical personnel to determine if neuroimaging or emergency care is needed

Follow-up assessment by concussion specialist

**1**

Provide education on initial management of injury and expectations of recovery

**2**

Give school or work accommodations

**3**

Monitor symptoms

**FOLLOW-UP CARE**

Any symptoms?

**Yes**

Thorough review of causes for persistent symptoms and referral for specialized care

Physical therapy for treatment of the neck or other physical injuries/pain management

Evaluation of headaches with a neurologist; medication management, if needed

Comprehensive evaluation of cervical spine and other orthopedic injuries by sports medicine or PM&R physicians

Psychology and/or psychiatry to address anxiety or depression pre-existing or post-injury

Vestibular therapy to address persistent dizziness/imbalance and/or vision symptoms

Cognitive evaluation for complaints of memory, attention or other cognitive complaints

Ophthalmology/Optometry for treatment of specific concussion-related visual symptoms

Review of sleep schedule and sleep hygiene recommendations; referral to sleep specialist if needed

**No**

- Review of any additional support needed
- Referral to return-to-play progression with our athletic trainer, if needed

**877 MD BONES (877.632.6637)**  
[rushortho.com/specialties/concussion-care](http://rushortho.com/specialties/concussion-care)